

Japanese Jujitsu Vocabulary



KAMIKAZE JIJITSU PUNISHMENT



Japanese Jujitsu Vocabulary

Ai-hanmi - both partners are in the same stance.	Harai -- from harau, to sweep; also barai
Aka -- red	Hasso - to attack
Ashi -- leg; foot	Heiho - martial principles, military strategy
Ashi kubi -- ankle	Hidari -- left
Ate - blow, strike	Hiji - elbow, also empi
Atemi -- a strike to setup a technique	Hiji ate - elbow strike, also shuki ken
Ayumi ashi -- alternated step, "normal" walking	Hiza -- knee
Barai -- from harau, to sweep	Hombu -- headquarters
Battojutsu -- sword-drawing techniques; art of drawing the sword	Hon -- fingers
Benkai -- inside of shinbone	Iaido - way of sword-drawing
Bo -- stick; (usually six-foot) staff, also Rokushaku bo	Ippon -- full point in a match
Bo jutsu -- art of fighting with a staff	Iri - from hairu, to enter
Bokken -- wooden sword	Irimi - entering, moving in
Bu -- martial	Irimi waza -- entering techniques
Budo -- martial ways	Itami - pain
Budoka -- one who studies the martial ways	Itami jime - painful choke
Bugei -- martial arts	Iaijutsu - sword-drawing techniques
Bugeisha -- martial artist	Jigotai -- low defensive posture
Bujin -- warrior spirit	Jo - a) medium length stick (usually 4 feet); b) top
Bujutsu -- martial arts, martial techniques	Jodan -- upper level
Bushi -- Japanese warrior	Jowan - upper arm
Bushido -- way of the bushi	Jujutsuka -- one who studies jujutsu
Buyu -- martial friends	Jutsu - techniques; art
Chudan -- middle level	Kaeshi - from kaesu, turn over, throw, counter-attack; also gaeshi
Dai - large, big, great	Kaeshi waza - counter techniques
Daisho - pair of swords worn in the belt	Kakato -- heel
Daito - large sword, worn blade facing up	Kamae -- stance or posture
Dan - Literally step; indicates level above black belt	Kansetsu - joints; used with techniques to describe dislocating
	Kappo -- resuscitation
	Kata -- shoulder, or a group of techniques arranged in a particular order
	Katana -- sword
	Katate - one hand



HAMMAZE PUNISHMENT



Japanese Jujitsu Vocabulary

Densho - transmission scrolls or manuscripts, see also makimono
Dogi - Training Uniform
Dojo - Literally way place; a training hall
Dojo Cho - leader or head of a dojo
Dokkotsu - kyusho (single bone), Adam's apple
Domo Arigato Gozaimashita - "Thank you very much." At the end of each class, it is proper to bow and thank the instructor and those with whom you've trained.
Dori - from toru, to seize, capture; also tori
Dozo - please
Dozo moichido - please do that again. Used when requesting an instructor to repeat a technique.
Empi -- elbow
Eri -- lapel; collar
Fudo - immobility
Fudoshin - immovable spirit
Garami -- bent
Gaeshi - from kaesu, to turn over, roll, throw, counter-attack; also kaeshi
Gedan -- lower position or area
Geri -- from keru, to kick; see keru
Gi -- uniform
Gomen nasai - excuse me, I'm sorry
Go no sen - seizing the initiative at the moment the opponent attacks
Gyaku-hanmi - both partners are in opposite stance.
Hai - yes
Hajime - begin, start
Hajutsu - escaping techniques

Ken - fist or sword
Kenshi - expert swordsman
Keppan - blood oath made when entering a ryu, Akayama Ryu oaths are made in Tabasco.
Keri - from keru, to kick; see geri
Ki -- a) rise; b) spirit, mind, heart, soul
Kiai -- a focused shout to disrupt the opponent
Ki ken - spirit fist
Kihon - basic, fundamental
Kime - focus, both physical and mental
Kiotsuke -- attention
Kiretsu - stand up
Kiten ken - sword hand strike, also shuto ken
Ko -- small, minor
Kobudo - ancient martial ways
Kodachi - short sword
Kohai -- junior student
Kokoro - spirit, heart, mind; also shin
Koku - empty space
Kokyu - breath, breathing
Kongo ken - hammer fist
Koshi - hip, loin
Kote - wrist
Kote gaeshi - outside wrist turn
Kubi -- neck
Kubisuji - nape of neck
Kuden - oral teachings
Kumitachi - sword practice with a partner
Kuzure -- modified
Kuzushi - from kuzusu, to break; in Budo, to break the balance of an opponent



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Hakama - formal divided skirt; wide legged pants	Kyokotsu - the sternum, breastbone
Han - half	Kyu - student grade below black belt
Hanbo - Literally half-staff; stick (usually 3 feet)	Kyusho - vital or pressure points, weak points
Hanbo jutsu - stick fighting techniques	Hane - a) from haneru, to leap, spring up; b) wing
Hane - a) from haneru, to leap, spring up; b) wing	Hane age - jump up, spring up
Hane age - jump up, spring up	Happa ken - open-handed strike
Happa ken - open-handed strike	Hara -- stomach
Hara -- stomach	

Japanese Numerals

ichi	1
ni	2
san	3
shi	4
go	5
roku	6
shichi	7
hachi	8
ku	9
ju	10



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Japanese Jujitsu Vocabulary

Black Belt Ranks - Yudansha

ENGLISH	JAPANESE
1st Dan	Shodan
2nd Dan	Nidan
3rd Dan	Sandan
4th Dan	Yondan
5th Dan	Godan
6th Dan	Rokudan
7th Dan	Shichidan
8th Dan	Hachidan
9th Dan	Kudan
10th Dan	Judan



Dan Descriptions and Meanings

1st degree: Shodan, Student (Sen: initiative) Traditionally this rank indicates about three to five years or more of training and is the first time that a student is considered an official member of the ryu. Think of it as a dedicated beginner.

2nd degree: Nidan, Disciple (Go No Sen: recapturing initiative with counter strike)

3rd degree: Sandan, Accepted Disciple, should be able to bring a student from white belt to shodan.

4th degree: Yondan, Expert (Sen No Sen: seizing the initiative just as the opponent attacks)

5th degree: Godan, Expert, able to oversee multiple dojo and provide continuing instruction of lower ranked yudansha.

6th degree: Rokudan, Expert, should be cognizant of all ryu waza including kata and able to pass those on to students.

7th degree: Shichidan, Expert, a true adept (Iko-kokoro: spiritual consciousness)

8th degree: Hachidan, Expert, capable of passing on all aspects of the ryu. (Iko-kokoro: spiritual consciousness) This is the highest rank awarded in Akayama Ryu.

9th degree: Kudan, Master Instructor (Iko-kokoro: spiritual consciousness) Honorary rank awarded by a ryu.

10th degree: Judan, Master Instructor (Iko-kokoro: spiritual consciousness) Highest rank awarded.



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Japanese Jujitsu Vocabulary

Pre-Black Belt Ranks - Mudansha

ENGLISH	JAPANESE
10th Kyu	Jukyu
9th Kyu	Kukyu
8th Kyu	Hachikyu
7th Kyu	Shichikyu
6th Kyu	Rokkyu
5th Kyu	Gokyu
4th Kyu	Yonkyu
3rd Kyu	Sankyu
2nd Kyu	Nikyu
1st Kyu	Ikkyu



The Samurai Bushido Code (Japanese "way of the warrior", or bushido), was the warrior code of the samurai.

Samurai Warrior Code was a strict code that demanded;

- *loyalty*
- *devotion*
- *obedience*
- *duty*
- *filial piety*
- *respect*
- *self sacrifice*
- *honor to the death*



Under this code, if a samurai warrior failed to uphold his honor he could regain it by performing seppuku (ritual suicide). The samurai bushido code is an internally-consistent ethical code, grounded in the spiritual approach of the Rinzai school of Zen Buddhism. In its purest form, it demands of its practitioners that they look effectively backward at the present from the moment of their own death, as if they were already, in effect, dead. The Bushido of the Samurai was also a spiritual basis for those who committed kamikaze attacks during World War II. For this reason many of the martial arts that are rooted in Japanese Bushido were banned by the occupying Americans during the post-war occupation.



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Japanese Jujitsu Vocabulary

Bushido is still practiced today (in modified forms) and in many of today's modern martial arts. The most common forms of bushido martial arts, still practiced in Japan today, are:

- *judo*
- *karate*
- *jujutsu*
- *aikido*
- *kendo*
- *kenjutsu*



The modern sport of kendo takes its basic philosophy from Japanese Bushido, in particular, the theory that the entire purpose of the sport is "one cut, one kill".

Unlike in other martial arts, extended contact, or multiple strikes, tends to be discouraged in favor of clean single strokes on the body or the head.

There are seven virtues associated with the samurai code of bushido:

Gi - Rectitude

Yu - Courage

Jin - Benevolence

Rei - Respect

Makoto - Honesty

Meiyo - Honor

Chugi - Loyalty



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